

The purpose of **Konnections** is to facilitate healthy relationships between animals and their caretakers. Using **Konnections'** many techniques, you and I work together to resolve difficulties by identifying and addressing emotional, physical and mental obstructions. **Konnections'** modalities should be used to support, not to replace, the care of a veterinarian or physician. All of the techniques can be applied as "Distant Healing" to a person or animal at any location, regardless of the distance.

ANIMAL COMMUNICATION - uses telepathy to communicate with other animal species.

KINESIOLOGY - is a biofeedback system that uses muscle testing to identify stress and ascertain information from the body and mind (both conscious and subconscious).

BRAIN INTEGRATION - is a technique that integrates and balances the left and right hemispheres of the brain. This process includes identifying modalities, releasing blocks and promoting optimal functioning. Brain Integration increases self-esteem, physical coordination and natural stress-coping skills; accesses additional learning skills; and improves intellectual clarity.

USUI REIKI - is an ancient method that channels universal life energy to relieve physical, spiritual and emotional blocks. Reiki's earth energy is usually felt as heat or vibration.

SEICHEM REIKI - increases the Reiki effect by using the energies of water, angelic air and fire.

BODY ALIGNMENT - uses kinesiology to locate muscles that are not properly aligned. Mentally requesting the release of a muscle enables it to relax and resume its correct position and function. This technique can relieve pain and discomfort and shorten healing time.

BODY INTEGRATION - combines the techniques of Jin Shin Jyutsu, body alignment, acupuncture, cranial sacral, Reiki and other energy work to allow the body to function optimally and to relieve physical discomfort.

ISSUE REVIEW COUNSELING - is an excellent addition to the brain integration technique. This process uses kinesiology to access information from the mind and body. By evaluating and counseling, we can relieve problems. It replaces stress with positive belief systems.

EQUINE TOUCH - is a series of specific non-invasive moves over the soft connective tissue which affects the innate healing wisdom of the body. It balances the energy of the horse, relaxes tight and spasmodic muscles, encourage detoxification, reduces pain and relaxes the animal.

JIN SHIN JYUTSU - is an ancient art of harmonizing the life energy of the body. JSJ brings spiritual, mental and physical balance by releasing stagnant energy. It promotes optimal health and well being and facilitates the body's capacity to heal. JSJ is a valuable adjunct to conventional healing methods as it promotes relaxation and reduces the effects of stress.

Qualifications

Instructor of "Mind, Body, Spirit" Program at Hagerstown Community College, Maryland
Bachelor of Science degree from Pennsylvania State University
Major in Animal Bioscience
Minor in Molecular Cell Biology
Usui Reiki Master
Seichem Reiki Master
Jin Shin Jyutsu Practitioner
Equine Touch Practitioner
Brain Integration Practitioner
Specialized Kinesiologist
Touch for Health

My goal is to improve relationships between people and their animals. Animals have always been my treasured companions. I worked for several years as a veterinary technician in a small animal hospital while in college. I have more than thirty years experience working with horses in several disciplines: dressage, eventing, equitation and trail riding. I live in south central Pennsylvania with my husband, our young daughters, horses and dog.

--Chris Trembl

Articles

Mental Housecleaning, *Natural Horse Magazine*, Vol 2, Issue 7

Reiki- Healing with your Hands and Mind, *Natural Horse Magazine*, Vol 3, Issue 1

Out of Sight, *The Holistic Horse Magazine*, Three parts, published Spring, Summer, Fall 2001

Farthy Becomes a Riding Horse, *Natural Horse Magazine*, Vol 3, Issue 5

These processes are intended to be used in addition to, and not as a substitution for, veterinary or physician care including any prescribed medications.

**Do you or your animal need help with
the following problems?**

Physical or emotional pain
Negative behavior patterns
Frequent loss of temper
Lack of coordination
Learning disabilities
Short attention span
Hyperactivity
Disorganization
Poor mental clarity
Low self esteem

**Konnections can provide affordable,
effective help...just a phone call away.
Appointments can be in person or from
a distance.**

Client Comments

Chris's work is subtle yet profound. I recommend working with Chris because she helps you see what is really there instead of boxing at shadows.
--CC, rider & trainer

I am amazed and delighted. What great work you do!
--EW, owner

I'm thrilled to tell you that I've noticed an improvement in my coordination and balance since my Brain Integration appointment with you.
--SA, owner

Much is better with horses now, not just Blizzard but many horses. It seems that at times just to understand at a deeper level is all that is needed.
--CS, veterinarian

Chris Treml has done extraordinary work for me as well as my horses. I have never felt as supported by anyone's methods as I have with Chris. This therapy really works!
--AO, owner, trainer

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Konnections

**Energetic
Health for
People & Animals**

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